

Healing Spirit Festival 2024

2nd-4th August
Drummany Spirit, Cavan

Sunday 4th - Healing Spirit Festival Schedule

SUNDAY

8.00 Sweat Lodge with Michael Dixon

CLOUGH OUGHTER STAGE

9.00 Early Morning Sound Bath with Fiona Guiheen
10.30 TBA
11.15 Lor-Key
12.30 Xiuh
13.45 Dr Slacke & The Palpatations
15.00 John Le Fleur
16.30 Armagh Rhymers
17.45 Slí na Croí
19.00 Bog Bodies
20.15 Closing Ceremony
21.30 Liam Ó Maonlaí

THE TWO JIMS TALK TIME @ SPINDLE TREE STAGE

12.00 An Tasoí Eile
13.00 Dr Dilis Clare
14.00 Shane Connaughton
15.00 Gearoid Teevan
16.00 Brendan Guinan
17.00 Eoin Connaughton
18.00 Bardic Sessions

DRUMMANY SPIRIT YURT

Claire Falconer - Art - All Day
14.00 Cacao - Yaneli & Oscar
15.00 Sharon Mundy Pranayama - Breath Work
16.00 Grief Circle with Patrick Lubeck
17.00 Janette Dolan - Hypnotherapy

ACTIVITIES ON LAND

13.00 Poetree Walk with Edward Durand
14.00 Ceili at Bridgie's Cottage with Roisin Lyons
15.00 Labyrinth Walk with Tony Aercyus Christie
16.30 Herb Walk with Dr Dilis Clare
Willow Weaving with Lynn of Green Mantle - All Day
My Brat Bhride - All Day

TÍR NA BPÁISTÍ

13.00 Grace Haynes Celtic Folklore - Nature Walk & Art Workshop
14.30 Creative Workshop with Brid O Reilly
15.15 Gardening with Marty McElgunn
16.00 Yoga with Noeleen Shannon
17.00 Drumming with Gearoid Teevan
18.00 Willow Workshop with Lynn Of Greenmantle

SERENITY NOW AREA

8.00 Yoga with Noeleen Shannon
9.00 Sound Bath with Paul Hotae Saul
10.00 Meditation with Pauline Clarke
11.00 Rob Hough - Awakening Rhythms: A Soul Sync Journey
12.00 Soundbath with Sound Hills
13.00 Tai Chi with Tony McMahan
14.00 Dance Workshop with Carol McInerney of The Moving Body
15.00 Trinity Yoga with Deborah Doherty
16.00 Biofield Tuning with Niamh O'Brien
17.00 Restorative Dance with Fi Flynn Dance
18.00 Naturopathy workshop with Dr Sepi Sefy

Weekend Camping & Day Tickets | healingspiritfestival.com

DRUG & Alcohol Free - Zero Waste Event - Dedicated Children's Area