

Healing Spirit Festival 2024

2nd-4th August
Drummany Spirit, Cavan

Friday 2nd & Saturday 3rd - Healing Spirit Festival Schedule

FRIDAY

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| 17.00/18.00 Arrival | 20.00 Sweatlodge with Gearoid Teevan |
| 19.15 Welcome Circle with Gearoid Teevan | 20.00 Sweatlodge with Yaneli Meztli |
| 20.00 Yoga - Trinity Yoga with Deborah Doherty | 20.45 Elemental Journey by the fire with Olwen Pendred |

SATURDAY

- 8.00 Sweat Lodge With Hilary Healy
8.00 Sweat Lodge With Michael Dixon

CLOUGH OUGHTER STAGE

- 11.00 Opening Ceremony
12.45 Caomihin
14.00 Fiona Maria Fitzpatrick with guests
John Devine & Denise Boyle
15.15 Ciara Lawless
16.30 Marcin Didigerdoo
17.45 Kiruu
19.00 Hollaw Óg
19.15 Marcus Magee and The Hollaw Men
20.30 Blu Tack and The Greenhorns
22.00 Fire Side Love Jam (All Musicians Welcome)

ACTIVITIES ON LAND

- 14.00 Ceili at Bridgie's Cottage with Roisin Lyons
15.00 Labyrinth Walk with Tony Aercyus Christie
15.30 Sean Nos Workshop at Bridgie's Cottage with Marion Crowe
16.30 Herb Walk with Dr Dilis Claire
17.00 Poetree Walk with Edward Durand
Willow Weaving with Lynn of Green Mantle - All Day
My Brat Bhríde - All Day

THE TWO JIMS TALK TIME @ SPINDLE TREE STAGE

- 13.00 Daniel Downey
14.00 Ann McCarren - KiNu Wellbeing
15.00 Michael Harding
16.00 Dolores Whelan
17.00 Tony Christie
18.00 Tom King (Conversation)
18.30 Bardic Sessions
22.00 Dark Bards

SERENITY NOW AREA

- 8.00 Trinity Yoga with Deborah Doherty (Campers Only)
9.00 Paul Saul Sound Bath
13.00 Didgeridoo Jedi - Sound Bath
14.00 Carol Mcinerney - The Moving Body - Dance Workshop
15.00 Yoga with Noeleen Shannon
16.00 Tai Chi with Tony McMahon
17.00 Fi Flynn Dance - Restorative Dance
18.00 Fiona Guiheen - Sound Bath

DRUMMANY SPIRIT YURT

- Claire Falconer - Art - All Day
14.00 Cacao Ceremony with Yaneli & Oscar
15.00 Sharon Mundy Pranayama - Breath Work
16.00 Grief Circle with Patrica Lubeck

TÍR NA BPÁISTÍ

- 13.00 Grace Haynes Celtic Folklore - Nature Walk & Art Workshop
14.30 Gardening with Marty Mcelgunn
15.15 Creative Workshop with Brid O Reilly
16.00 Trinity Yoga with Deborah Doherty
17.00 Drumming Workshop with Gearoid Teevan
18.00 Willow Workshop with Lynn of Green Mantle

Weekend Camping & Day Tickets | healingspiritfestival.com

DRUG & Alcohol Free - Zero Waste Event - Dedicated Children's Area